

## ☀️ BEFORE YOUR APPOINTMENT

- Exfoliate thoroughly 24 hours before (focus on dry areas like knees, elbows, ankles)
- Avoid lotions, deodorant, makeup, and perfume on the day of your tan
- Shave or wax at least 24 hours prior
- Wear loose, dark clothing to your session

## 👜 WHAT TO BRING/WEAR

- Loose cotton clothes + dark underwear or swimsuit (if wearing one)
- Flip-flops or slides
- Optional: hair tie, shower cap — we've got barrier cream if needed!

## 💧 AFTERCARE TIPS

- Wait designated time before your first rinse
- Avoid sweating or water during this time
- Moisturize daily to maintain your glow and prevent patchiness
- Use Naked Mango Whipped Body Butter or Hydrating Body Oil for best results
- Avoid products with mineral oil — they can cause uneven fading
- Skip exfoliants, long hot baths, and harsh soaps

## ✨ PRO TIP

Your tan can last 10–14 days with proper care  
Hydrated skin = longer lasting, even color